



**B** your best<sup>®</sup>  
**BLACKMORES**  
blackmores.com.au

**SYDNEY RUNNING FESTIVAL**

OFFICIAL NEWSPAPER  
**Sunday Telegraph**

# RICHARD PALMER

Finished the

## Blackmores Half Marathon

Event

**Sunday 19 September 2010**

**01:19:53**

Gun Time

**M40-44**

Category

**01:19:45**

Net Time

**3**

Category Place

The run that's  
fun for everyone!



**B** your best<sup>®</sup>  
**BLACKMORES**  
blackmores.com.au

**THE** Sunday Telegraph  
body+soul

SUNCORP BANK



asics



POWERADE



FitnessFirst



pont<sup>3</sup>

