



**Wellington Marathon Clinic** ✨  
**Shoe Clinic Harbour Capital Marathon**  
**Half Marathon, 10km & Kids' Magic Mile**

**Sunday 28th June 2009**

**JOHN PLIMMER**

*completed the*

**Shoe Clinic Harbour Capital 10k Run**

**00:42:31**

*Time*

**M40-49**

*Category*

**7**

*Place*

**00:42:28**

*(Net time)*

Sally Anderson, Race Director

**Shoe Clinic**  
*The fitting choice*

Full race results available at [www.harbourcapital.org.nz](http://www.harbourcapital.org.nz)

