Wellington Marathon Clinic Shoe Clinic Harbour Capital Marathon Half Marathon, 10km & Kids' Magic Mile Sunday 28th June 2009			
LIZZIE MIDDLETON			
Shoe Clinic Harbour Capital 10k Run			
00:40:47	F20-39	4	00:40:00
Time	Category Mud	Place	(Net time)
Sally Anderson, Race Director Full race results available at www.harbourcapital.org.nz			