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**SYDNEY RUNNING FESTIVAL**

OFFICIAL NEWSPAPER  
**Sunday Telegraph**

# JOHN DIGNAM

Finished the

**Sunday Telegraph body+soul Bridge Run**

Event

**Sunday 19 September 2010**

**01:11:14**

Gun Time

**M40-49**

Category

**00:50:29**

Net Time

**470**

Category Place

The run that's  
fun for everyone!



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**THE** Sunday Telegraph  
**body+soul**

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**asics**



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**pont<sup>3</sup>**

