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**SYDNEY RUNNING FESTIVAL**  
OFFICIAL NEWSPAPER  
THE Sunday Telegraph

# PAUL GROUNDWATER

Finished the

**Sunday Telegraph body+soul Bridge Run**

Event

**Sunday 19 September 2010**

**00:42:35**

Gun Time

**M30-39**

Category

**00:40:48**

Net Time

**224**

Category Place

The run that's  
fun for everyone!

