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**SYDNEY RUNNING FESTIVAL**  
OFFICIAL NEWSPAPER  
THE Sunday Telegraph

# MARK APPLETON

Finished the  
**Sunday Telegraph body+soul Bridge Run**

Event

**Sunday 19 September 2010**

**00:56:41**

Gun Time

**M40-49**

Category

**00:49:11**

Net Time

**427**

Category Place

The run that's  
fun for everyone!

