

FRONTRUNNER

CHRISTCHURCH **20** MARATHON **23**

CERTIFICATE OF COMPLETION

FRANCIS POOKE

16 APRIL 2023

- ▶ **RACE:** 10k Run
- ▶ **CATEGORY PLACING:** 25
- ▶ **GENDER PLACING:** 43
- ▶ **OFFICIAL TIME:** 00:45:10
- ▶ **REAL TIME:** 00:44:56